



## My Time Map

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
6:00am - 6:30am							
6:30am - 7:00am							
7:00am - 7:30am							
7:30am - 8:00am							
8:00am - 8:30am							
8:30am - 9:00am							
9:00am - 9:30am							
9:30am - 10:00am							
10:00am - 10:30am							
10:30am - 11:00am							
11:00am - 11:30am							
11:30am - 12:00pm							
12:00pm - 12:30pm							
12:30pm - 1:00pm							
1:00pm - 1:30pm							
1:30pm - 2:00pm							
2:00pm - 2:30pm							
2:30pm - 3:00pm							
3:00pm - 3:30pm							
3:30pm - 4:00pm							
4:00pm - 4:30pm							
4:30pm - 5:00pm							
5:00pm - 5:30pm							
5:30pm - 6:00pm							
Evening							